

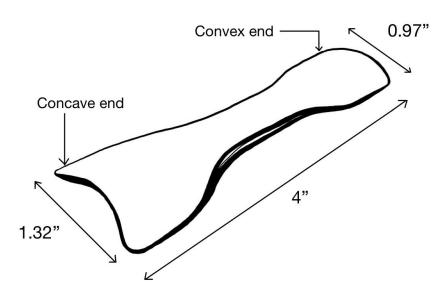
Disposable Sindt Ophthalmic Spatula



Instructions for Use

Important

- This product is intended to be used by a physician or technician with appropriate training and experience
- Do not attempt to use the Disposable Sindt Ophthalmic Spatula before completely reading and understanding the information contained in this Instructions for Use



Intended Use: The Disposable Sindt Ophthalmic Spatula is intended for use on patients with Meibomian gland dysfunction and blepharitis who would benefit from treatment by expressing the Meibomian glands. As well as for everting the eyelid to expose Meibomian glands as needed for Meibomian Gland Evaluation.

Contents of Packaging

- ABS plastic ophthalmic spatula
- Instructions for use.

Contraindications

Not intended for usage on pediatric patients.

Precautions

- ☐ Prior to use, inspect devices to ensure proper function and condition.
- Do not use the Disposable Sindt Ophthalmic Spatula if it does not fulfill its original purpose, if it is physically damaged, or if the package is open or broken.
- ☐ Avoid mechanical shock or overstressing the devices.
- ☐ Caution, needs to be stored at room temperature to prevent deformation of device.
- ☐ Caution, irregular or unusual eye shape may make use of Disposable Sindt ophthalmic Spatula difficult.
- ☐ Do not expose patient to device with direct skin contact for greater than 60 seconds at a time.
- ☐ Use of the device for a task other than it's intended use may result in a damaged or broken device.
- ☐ If cracked, sharp edges can harm user or patient.

How Supplied: Devices are individually packaged, clean, and sterile.

Warnings 🛕

- ☐ Single use only.
- ☐ Do not re-sterilize, as it could deform the device.
- ☐ If excessive force is needed to evert the eyelid, the Meibomian gland expression procedure should be terminated to reduce risk of corneal abrasion.
- ☐ Never advance the Disposable Sindt Ophthalmic Spatula into or across the cornea.
- If corneal abrasion occurs or is suspected, immediately discontinue the Meibomian gland expression procedure.
- ☐ The Disposable Sindt Ophthalmic Spatula is not a replacement for proper training and technique.

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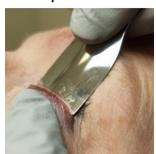


Instructions for Use

Directions for Use

Meibomian Gland Expression Procedure:

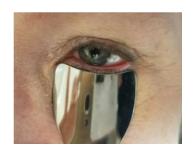
- Place the convex end of Disposable Sindt Ophthalmic spatula behind eye lid.
- 2. Use expression tools such as eye massager to gently press in the Meibomian glands.
- 3. Glands will secrete meibum.
- 4. Wipe away the meibum secretion.
- 5. Remove Disposable Sindt Ophthalmic Spatula.





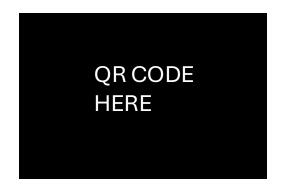
Meibomian Gland Imaging Procedure:

- Line up concave end of Disposable Sindt Ophthalmic spatula with eyelid.
- 2. Gently exert force to evert edge of eyelid.
- 3. Observe Meibomian glands.
- 4. Remove Disposable Sindt Ophthalmic Spatula.





For a more detailed Instructions for Use:





MADE, The University of Iowa 25 South Grand Ave. Iowa City, IA 52242 (319) 384-3425

For product ordering or reporting of adverse events, please call (319) 384-3425, email iowa-made@uiowa.edu, or visit iowamade.org

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